



# ENRICH

DERMATOLOGY

COSMETIC CLINIC

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# Hand Rejuvenation

## Treatment Information Sheet

### How do we rejuvenate hands?

Hands are one of the first places to show ageing due to sun exposure, loss of dermal volume and elasticity.

The skin can pigment and shrivel, revealing underlying veins, tendons and bone structures.

We will tailor a treatment for you to address pigmentation, skin wrinkling and smoothness, as well as to replace lost volume by plumping up the tissue.

### Hand rejuvenation technology

- Liquid nitrogen cryotherapy
- Fractional Erbium laser
- Fraxel laser
- Q Switch Nd:YAG and Ruby lasers
- Volumising procedures to make the back of hands appear less 'sinewy' and to hide prominent veins
- Dermal fillers
- Fat transfer

### When will I be able to see results?

This depends on the series of treatments you are guided through, since some are instant (like dermal fillers and fat transfers).

Other treatments, including lasers and radiofrequency treatments, can tighten skin immediately, but rejuvenate cells over time.

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**Call us on 03 9500 9500 to make an appointment with one of our specialists today.**

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