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Rhinophyma Treatment Information Sheet

What is rhinophyma?

Rhinophyma is a disfiguring skin condition of the nose wherein the skin becomes thickened and the sebaceous (oil) glands enlarge.

How we treat rhinophyma

Non-surgical management

- Treatment of rosacea may help
- Topical medications or solutions
- Topical retinoids
- Oral tetracycline antibiotics
- Oral isotretinoin

Surgical treatment

- Ultrapulse CO2 laser followed by the Erbium laser to de-bulk and reshape the tissue of the nose.
- Laser resurfacing using Erbium and CO2 laser resurfacing is highly effective treatment

What causes rhinophyma?

The cause of rhinophyma is not fully understood, but theories include enlarged blood vessels, vascular instability and leakage of fluid into the tissues triggering inflammation and scarring. Androgens may play a role.

When will I see results?

Depending on the treatment, treating rhinophyma may take months.

The laser treatments may cause reddening of the nose for up to 10 days, but can be extremely effective.

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Call us on 03 9500 9500 to make an appointment with one of our specialists today.

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