



+

Winter
weather &
your skin

**REJUVENATE
WITH CHINA DOLL**

Mira Dry has
arrived at Enrich

ENRICH

DERMATOLOGY

COSMETIC CLINIC

(03) 9500 9500
872 HIGH ST, ARMADALE

ENRICHCLINIC.COM.AU

+ Welcome to Winter!

It's time to rejuvenate, hydrate and repair as we head into the colder months with some of our favourite new, as well as tried and tested, treatments.

We are pleased to bring you some of our key treatments and skin care recommendations for the cooler months, designed to keep your skin in great condition as the temperature drops.

We are also excited to bring you a number of new and exciting treatments now available at ENRICH Clinic! The China Doll Facial involves a combination of carbon serum and laser treatment. The skin is crystal clear and revitalised! ENRICH Clinic is also home to the latest treatment for hyperhidrosis, or excessive sweating. The miraDry procedure is a quick, non-invasive method of effectively reducing excessive sweat and odour in the under-arm area. The treatment has an efficacy rate of 90% in 90% of patients treated. Incredible results await those of you who find winter worse than summer, being trapped in long sleeves with heaters.

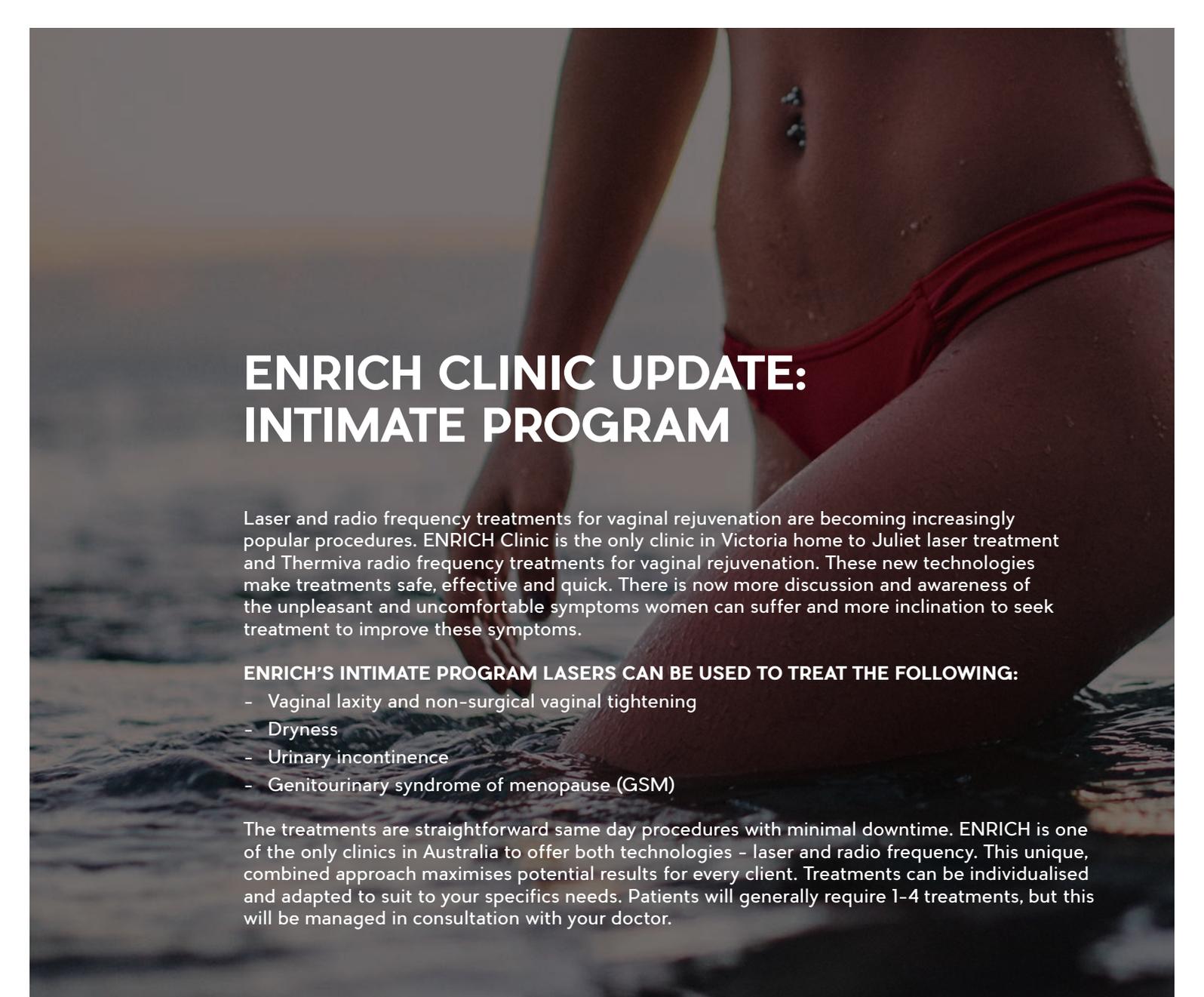
In this issue, you'll also hear about platelet-rich-plasma (PRP) treatment, made famous by Kim Kardashian and her vampire facial selfie, as well as ENRICH Clinic's Intimate Program.

We have a great list of winter warmer specials for you this season, so you can start your cooler months off feeling radiant. We welcome you to take the time to warm your winter, and prepare for the sunnier months, by visiting us in clinic to discuss our range of treatment options.

We look forward to seeing you soon!

The ENRICH team





ENRICH CLINIC UPDATE: INTIMATE PROGRAM

Laser and radio frequency treatments for vaginal rejuvenation are becoming increasingly popular procedures. ENRICH Clinic is the only clinic in Victoria home to Juliet laser treatment and Thermiva radio frequency treatments for vaginal rejuvenation. These new technologies make treatments safe, effective and quick. There is now more discussion and awareness of the unpleasant and uncomfortable symptoms women can suffer and more inclination to seek treatment to improve these symptoms.

ENRICH'S INTIMATE PROGRAM LASERS CAN BE USED TO TREAT THE FOLLOWING:

- Vaginal laxity and non-surgical vaginal tightening
- Dryness
- Urinary incontinence
- Genitourinary syndrome of menopause (GSM)

The treatments are straightforward same day procedures with minimal downtime. ENRICH is one of the only clinics in Australia to offer both technologies - laser and radio frequency. This unique, combined approach maximises potential results for every client. Treatments can be individualised and adapted to suit to your specific needs. Patients will generally require 1-4 treatments, but this will be managed in consultation with your doctor.

OUR FAVOURITE SUMMER TO WINTER TREATMENTS

CHINA DOLL FACIAL

Targets: Skin rejuvenation
Cost: \$250 per treatment
Downtime: Nil
Frequency: Fortnightly - Monthly

IPL + DIODE

Targets: Pigmentation post sun damage/
redness/anti-inflammation
Costs: \$350 per treatment
Downtime: 24 hours - Light Bronzing
Frequency: 4-6 weeks

GENESIS LASER FACIAL

Targets: Skin rejuvenation, reduces
underlying redness
Cost: \$215 per treatment
Downtime: Nil
Frequency: Fortnight- Monthly

FRAXEL 1927

Targets: Skin rejuvenation and severe
sun damage
Cost: \$925 per treatment
Downtime: 7-10 days
Frequency: 1-2 per year



China Doll Facial

The China Doll Facial (or China Doll Rejuvenation) is a non-invasive laser treatment using our state-of-the-art PIQO picosecond laser combined with a mask of medical-grade carbon serum. The serum acts as a target intensifier for the laser to destroy debris and the top layer of dull, dry skin, refreshing your complexion immediately with no downtime.

This unique, rejuvenating treatment offers you a glowing, clear, porcelain-like complexion. Subtle effects develop over time. With each treatment, as collagen is stimulated, the top layer of cells is removed, and clear, fresh skin is revealed. Imperfections can be erased, and China Doll-like skin can be achieved!

WHAT SKIN CONDITIONS BENEFIT FROM CHINA DOLL FACIAL?

- Dull skin
- Large pores
- Congested skin
- Active acne (blackheads, whiteheads)
- Uneven skin texture
- Oily skin
- Fine lines
- Wrinkles
- Pigmentation
- Acne scars (superficial)
- Redness

Our picosecond laser is one of just a handful in Australia and is one of the top performing lasers for skin treatments!

CHINA DOLL FACIAL - HOW MANY TREATMENTS, RECOVERY, DOWNTIME?

We recommend you have a series of China Doll Facials for best results, though how many your skin requires will depend on your skin type. These treatments will be spaced at intervals, from 1-4 weekly, to give your complexion the ultimate boost. There is absolutely no recovery time or downtime needed for China Doll Facials. Walk in and walk out with more beautiful skin.

HOW WE PERFORM THE CHINA DOLL FACIAL

The skin is cleansed thoroughly and a carbon lotion is applied, which penetrates pores. The laser is then applied to the skin to gently heat the carbon, which kills bacteria, stimulates collagen production, and tightens pores. There is smoke, there is drama - and then there is beautiful skin. The treatment is painless, non-invasive and highly effective! The treatment feels warm and prickly, but it doesn't hurt.

MAXIMISE THE EFFECTS OF YOUR CHINA DOLL FACIAL

The China Doll Facial is gentle, non-invasive and has no downtime. This means that it is well complemented by a number of other skin and laser treatments offered at ENRICH Clinic. Combine your China Doll treatment with a series of laser treatments or chemical peels to keep your winter skin in top condition!

GENESIS LASER

Genesis Laser stimulates the production of collagen and elastin in the skin. The laser can also be used to treat rosacea or redness in the skin by shrinking tiny blood vessels that contribute to redness in the complexion. Like the China Doll Facial, the Genesis treatment has no downtime.

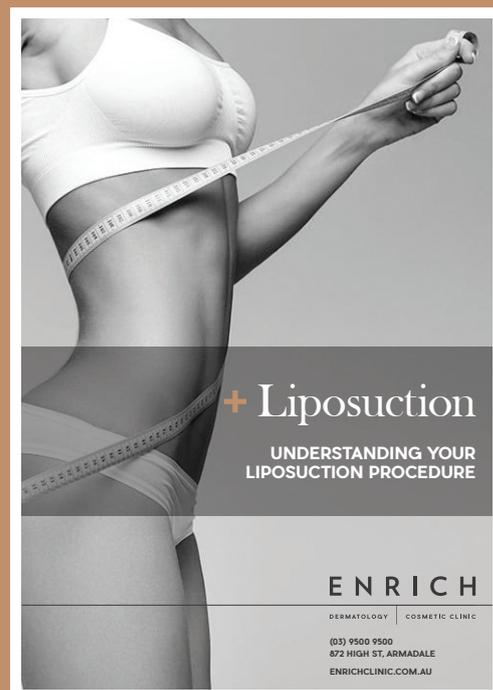
THE SECRET

The Secret Micro-Needling Fractional RF system is a unique treatment for facial rejuvenation, scar reduction and the plumping and tightening loose skin. It uses a combination of radio frequency and needling to encourage collagen production and tightening of elastin fibres.

CHEMICAL PEELS

Chemical peels can be used to treat a variety of skin complaints, including acne, sun damage, fine lines or wrinkling. There are a number of chemical peel options that have very little downtime and will complement the clearing and plumping effects of the China Doll Facial.

CONSIDERING LIPOSUCTION? LOOK NO FURTHER THAN OUR EBOOK

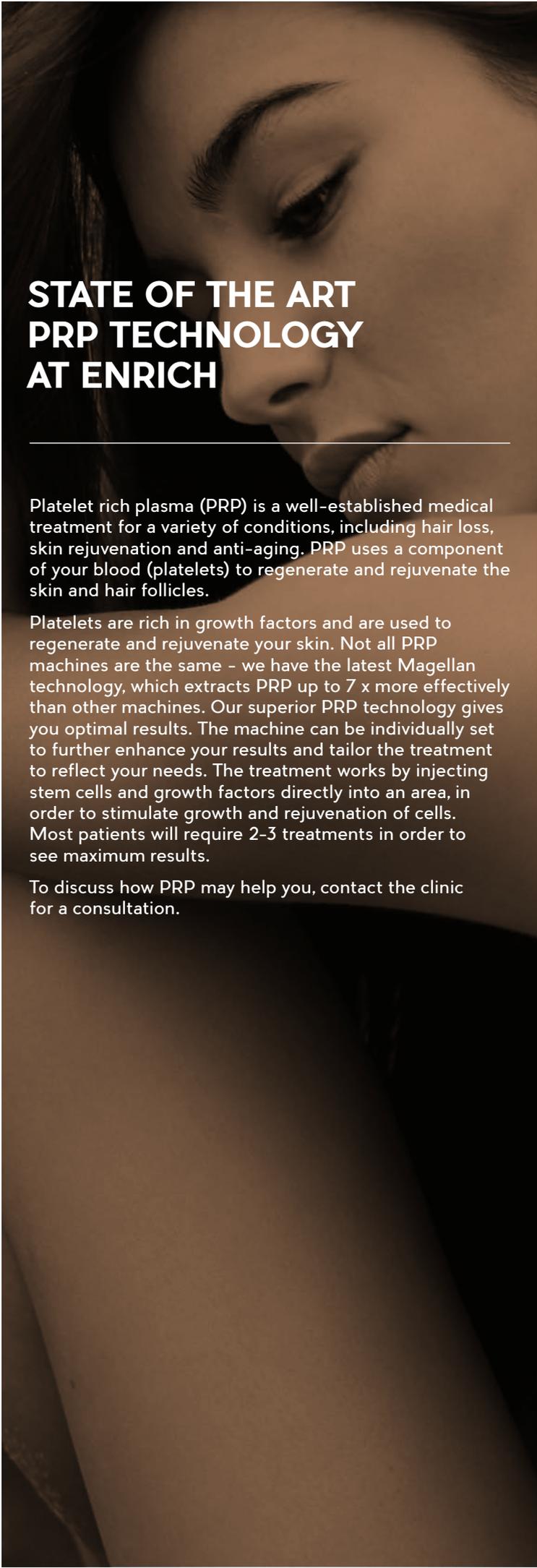


At ENRICH Clinic, we believe our patients should be well informed and comfortable with all aspects of their procedure. This reduces anxiety and leads to an overall more comfortable experience for patients. Our eBook will comprehensively explain how we do things, why we do them, and what can be expected from each step of your liposuction treatment journey.

We've created a guide to understanding your liposuction procedures, with a view to you seeing exactly what's involved before your first appointment. You'll also learn that we prioritise your comfort, safety and satisfaction with your treatments.

Our guide is designed to talk you through the procedure end to end, so when you get to your consultation, you can ask deeper questions and feel more comfortable with your choices. Being well-informed is one of the keys to feeling happy with your treatments. The more you know, the more well-balanced your expectations are.

You can access your copy by signing up on our website: www.enrichclinic.com.au



STATE OF THE ART PRP TECHNOLOGY AT ENRICH

Platelet rich plasma (PRP) is a well-established medical treatment for a variety of conditions, including hair loss, skin rejuvenation and anti-aging. PRP uses a component of your blood (platelets) to regenerate and rejuvenate the skin and hair follicles.

Platelets are rich in growth factors and are used to regenerate and rejuvenate your skin. Not all PRP machines are the same - we have the latest Magellan technology, which extracts PRP up to 7 x more effectively than other machines. Our superior PRP technology gives you optimal results. The machine can be individually set to further enhance your results and tailor the treatment to reflect your needs. The treatment works by injecting stem cells and growth factors directly into an area, in order to stimulate growth and rejuvenation of cells. Most patients will require 2-3 treatments in order to see maximum results.

To discuss how PRP may help you, contact the clinic for a consultation.

MIRADRY HAS ARRIVED AT ENRICH FOR QUICK, NON-INVASIVE & LASTING RESULTS

The newest available treatment for reducing underarm sweating is now available at ENRICH clinic. The miraDry device uses electro magnetic wave technology to target the sweat glands under the arms. This non-invasive treatment will permanently reduce underarm sweat, hair and odour.

It has lasting effectiveness and has a proven record with minimal downtime for the patient. The sweat glands are destroyed and do not regenerate. Studies have shown an average reduction of 82% in underarm sweating. The procedure typically takes 60-90 minutes. Local anaesthetic is used to make the procedure comfortable. One to two treatments are typically required.

The treatment also addresses the odour associated with excess sweating by targeting the glands that cause odour. Other underarm sweating treatments do not have this added benefit. Additionally, the technology can also produce a permanent reduction in underarm hair. It is not dangerous to reduce the sweating under your arms, as your body has many other sweat glands.

A consultation with a doctor is required prior to this procedure to assess your suitability for the treatment.

SUMMER TO WINTER SKIN CARE: HOW THE WEATHER CHANGE AFFECTS OUR SKIN AND WHAT TO DO ABOUT IT

Summer has well and truly faded, and the days in Melbourne are getting shorter and darker.

The change of season from warm to cold doesn't just affect what we wear or the temperature. There are many things related to the weather that can cause significant changes in our skin, including humidity changes in the air, a decrease in the sun's UV rays, as well as moving constantly from heated indoor environments to the cool fresh air. Amongst other things, the skin can become very dry and irritated.

WHEN IT'S COOLER AND LESS HUMID

Dry, cold air draws moisture from your skin. The skin can appear dry, flaky and dull as compared to the Summer months. Wrinkles, dry skin and blemishes may appear more pronounced on winter skin. Winter is a great time to get treatments to improve your skin, so you love your skin just as much in winter as in summer! With the right treatment and products, your skin will love you right back!

As soon as the season starts to change, your skincare regime will need to alter to richer, more deeply moisturising products. In much the same way you swap from a summer to winter wardrobe, your skincare regime will also change dependent on the seasons. Rich and more protective creams, cream or mousse cleansers and serums will help keep your skin in good condition in the cooler months.

Sensitive skin can also be more reactive in the winter months. Slight changes to your skin care regime, such as swapping your cleanser for an oil or balm-based formula to reduce stripping of the skin, can help soothe sensitive skin types in the winter months. Hydrating and calming in-clinic treatments, such as the Hydro-Active facial, can also help maintain the condition of skin in the cooler months.

HEATING AND HUMIDIFIERS

Heaters reduce humidity which can dry out the skin, causing cracking, flaking and irritation. Try to stay out of the direct line of heating vents - the concentrated flow of warm air on your skin can result in tightness and cracking. Keep some lip balm, rich moisturiser and hand cream nearby.

GETTING FROM OUTSIDE TO INSIDE

Going from cool to warm to hot and back again can cause the tiny blood vessels in your face to contract and expand quickly, which can cause broken blood vessels. Try to keep temperature changes to a minimum or warm your skin up slowly to ease your vascular burden. Barrier creams can help, as well as laser skin treatments in some cases.

HOT BATHS AND SHOWERS

It can be tempting to have hot showers in the cooler months, but the blast of hot water can strip moisture and cause broken capillaries. Treat yourself to a good moisturiser straight after bathing to lock moisture into the skin and avoid dryness and itchiness.

KEEP UP THE SPF!

Don't be fooled by the lack of sunshine! While the temperature drop sees a reduction in UVB rays (which cause sunburn) harmful UVA rays (that cause premature ageing) remain consistent year-round. A good, physical sunscreen should be part of your skin care regime in all seasons.



WINTER SPECIALS

WINTER INJECTABLES

Walk out of Winter fresh and fabulous

Dermal Filler Special

5 ML - \$2500 (Save \$365)

3 ML - \$1700 (Save \$230)

Anti-Wrinkle Injection Special

Buy 4 or more & get 1 FREE (Save \$102)

THE SECRET IS OUT PACKAGE

Winter is the perfect time to indulge in a little "Secret"

Stimulate collagen, refresh, rejuvenate and tighten your skin with The Secret

2 x Secret RF each followed by a rejuvenating session with the Diode

2 x Glycolic Peels each followed by a rejuvenating session with the Diode

\$1000

WINTER LASER PIGMENT TREATMENT PACKAGE

Winter is a great time to sort out that tricky pigmentation and refresh the face with this effective combination of facial and spot laser treatment.

1 x Pigment Spot Laser Treatment - up to 8 spots

1 x China Doll Facial

\$420

Complimentary doctor consultation required prior to laser spot treatment

WINTER RETREAT

Treat your facial redness this winter

1 x Excel Vascular Laser Treatment

2 x Genesis Laser Treatments each followed by rejuvenating light session from Diode

\$820

Complimentary doctor consultation required prior to laser treatments

CHINA DOLL COMBINATION

1 x China Doll Facial

2 x Peels each followed by a rejuvenating session with the Diode

\$250

SNORE FREE WINTER

Start curing that snoring issue with our SnoreLess package. Cuddle up!

Buy 2 Romeo laser treatments and get the 3rd FREE

\$1900 (SAVE \$950)

Prepaid

WELLNESS WEDNESDAY - JUST FOR YOU

Recently had a cosmetic treatment at ENRICH ?

ENRICH invites you to our Wellness Wednesday program. It's our way of giving back to you!

Come in and choose from our menu of Wellness complimentary treatments to promote you feeling good.

This could include a facial, a gentle laser rejuvenation, a massage or even having your brows done.

Thirty minutes of pure indulgence from us to you.

ENRICH Wellness Treatment Menu:

Choose from any of these treatments for your Wednesday Wellness experience

- Beauty Facial* or 30 min mini Hydroactive facial
- 30 min Massage - choice of face, scalp, hand, shoulders, neck, upperback
- Brow Shaping &/or Tinting
- Glycolic Peel & Diode Light Treatment
- 20 mins Gentle Laser Rejuvenation - PIQO or Genesis

Terms & Conditions:

This offer is available if you have had the following treatments at ENRICH.

Anti-wrinkle injections (\$400 or over spend), Dermal Filler, Laser, Ultraformer II, The Secret, Sclerotherapy, Liposuction, Fraxel 1927, Intimate Program or any ENRICH personalised packages. Ask your doctor or nurse if you qualify.

Wellness Wednesday bookings must be redeemed within a month following treatment and are valid for one wellness treatment per patient, every three months.

Booking is essential, and availability is based on 'first come first served' basis.

*Facial offer does not include China Doll